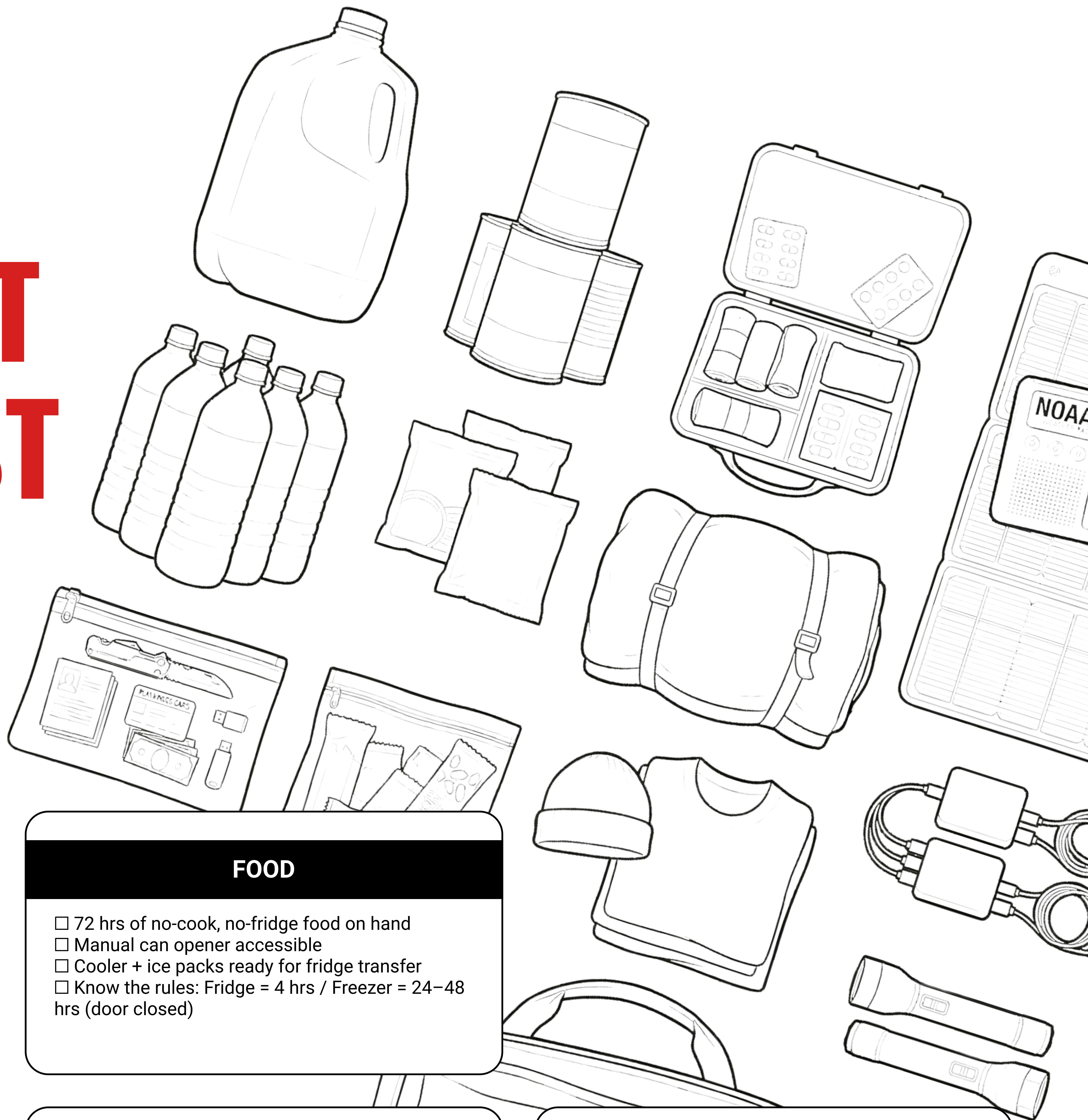


# 72-HOUR BLACKOUT CHECKLIST

Print. Post. Prep.



## WATER

- 1 gallon per person per day stored (3 gal/person for 72 hrs)
- Include pets in your count
- Food-safe containers (not old milk jugs)
- Backup fill plan (bathtub, WaterBOB, rain barrel)
- Purification method (filter, tablets, boiling setup)

## FOOD

- 72 hrs of no-cook, no-fridge food on hand
- Manual can opener accessible
- Cooler + ice packs ready for fridge transfer
- Know the rules: Fridge = 4 hrs / Freezer = 24-48 hrs (door closed)

## BACKUP POWER

- Know your battery's watt-hour (Wh) capacity
- List essential devices + total draw calculated
- Recharge plan (solar panel, vehicle inverter)
- Generator test-run in last 90 days
- Fuel stored and rotated

## HOME TEMPERATURE

- Non-electric heat source (propane, wood stove)
- Fuel stocked for heat source
- Blankets / sleeping bags / mylar blankets
- Battery fans for summer
- "One-room plan" identified (smallest, interior room)

## LIGHTING

- LED flashlights in 3+ locations
- Spare batteries (check expiration)
- Hand-crank or solar light
- Candles + matches (with fire safety plan)
- Headlamps for hands-free tasks

## COMMUNICATION

- NOAA weather radio (battery or hand-crank)
- Portable phone charger or solar charger
- Paper list of emergency contacts
- Family rally point + check-in plan
- Two-way radios if household splits up

## MORALE

- Cards, books, games (no power needed)
- Comfort snacks stashed
- One "normalcy anchor" per person
- Routine plan (meals, activities, sleep)

## GUT CHECK

- Could you go 72 hours starting right now?
- Does everyone know where supplies are?
- Have you actually tested your gear?