

# NFL STADIUM SURVIVAL CHECKLIST

## CHAMPIONSHIP GAME READY

### BEFORE YOU LEAVE HOME

- Screenshot digital tickets, parking QR code, and stadium gate map
- Set phone to Low Power Mode + disable Background App Refresh
- Take group "Fit-Check" photo (shows exact clothing for each person)
- Tie bright ribbon or flag to car antenna (visual anchor in parking lot)
- Pack neutral-colored jacket (if wearing rival team colors)

### PARKING LOT

Parking Lot: \_\_\_\_\_  
Row: \_\_\_\_\_  
Seats: \_\_\_\_\_

**CAR LOCATION HACK:** Hold key fob to chin and open mouth to extend signal range by 20-30 feet over crowd heads.

### YOUR SEATING & EXITS

Section: \_\_\_\_\_  
Row: \_\_\_\_\_  
Seats: \_\_\_\_\_

Identify 3 exits from your section (most people jam the main gate):

Exit 1 (Primary): \_\_\_\_\_

Exit 2 (Side/Service): \_\_\_\_\_

Exit 3 (Emergency): \_\_\_\_\_

### RALLY POINT (PICK BEFORE ENTERING STADIUM)

Pick a physical location OUTSIDE stadium gates (never inside).

**Rally Point:** Gate \_\_\_\_\_

**Pillar/Landmark:** \_\_\_\_\_

If separated and signal is dead, meet here.

### EMERGENCY PROTOCOLS

**SIGNAL BLACKOUT (70K+ phones = dead network)** → Use rally point. Apps won't load, calls won't connect.

**SEPARATED GROUP** → Show "Fit-Check" photo to security → Go to rally point immediately

**CROWD CRUSH** → Boxer stance: arms at chest, feet staggered (protects breathing) → Move **DIAGONAL** to edges of crowd, never push against flow → Find dead space behind pillars or side alcoves

**FIGHT IN YOUR ROW** → Text stadium security number (above) → Move to nearest aisle immediately → Never engage or film

**STRUCTURAL STRESS** → Unusual vibration or sharp crack sound? → Move toward large concrete pillars (primary supports)

**COVER YOUR COLORS** → Rival fan in hostile crowd? Put on neutral jacket over jersey

### PROHIBITED ITEMS (WILL BE CONFISCATED AT GATE)

- × Non-clear bags larger than 4.5" x 6.5" (Clear bags max 12" x 6" x 12")
- × Air horns, whistles, vuvuzelas
- × Cardboard (for sitting or standing)
- × Cameras with lens 6 inches or longer
- × Large battery packs (subject to screening)

### GROUP CONTACTS

Name: \_\_\_\_\_  
Phone: \_\_\_\_\_

Name: \_\_\_\_\_  
Phone: \_\_\_\_\_

Name: \_\_\_\_\_  
Phone: \_\_\_\_\_

Name: \_\_\_\_\_  
Phone: \_\_\_\_\_

### STADIUM SECURITY TEXT NUMBER

Check jumbotron or seat back when you arrive)

**Text Security:** \_\_\_\_\_

Root for the win. Plan for the worst. Enjoy the game.

**SurvivalLife.com** | For more stadium survival protocols