



3:15 P.M.

The power just went out. Your kids are at school. You are 30 miles away. Your phone shows one bar. The clock starts now.

THE NEXT 72 HOURS

What happens to a family with no plan, hour by hour. And what you do **tonight** so it doesn't happen to yours.

246

DEAD WHEN THE TEXAS GRID
FAILED

Feb 2021

34+

DEAD IN BUFFALO'S
BLIZZARD, IN CARS AND
HOMES

Dec 2022

100+

DEAD IN LAHAINA, SOME
TRAPPED IN TRAFFIC

Aug 2023

82%

OF CELL TOWERS DOWN
AROUND ASHEVILLE

Sep 2024

THE CLOCK

WHAT HAPPENS TO A FAMILY WITH NO PLAN

Read it top to bottom. Every hour below has happened to real families. Find the first hour your family can't handle. That's where you start.

HR 0	3:15 P.M.	Power fails. Traffic lights go dark. The school calls for pickup. You are 30 miles away.	P. 03
HR 1	4:15 P.M.	Calls fail. Texts hang on "sending." Nobody knows who is getting the kids.	P. 04
HR 2	5:15 P.M.	Someone panics and drives. Water is running across the road ahead.	P. 05
HR 3	6:15 P.M.	Dark comes early. Nobody can find a flashlight with working batteries.	P. 14
HR 4	7:15 P.M.	The closed fridge stops keeping food safe. The countdown on your food begins.	P. 06
HR 6	9:15 P.M.	The house is cold. Someone runs the car in the garage "just for a bit."	P. 07
HR 8	11:15 P.M.	Candles, the fireplace, a space heater on an extension cord. House-fire hour.	P. 07
HR 12	3:15 A.M.	Coldest part of the night. Kids, grandparents and anyone on oxygen are in danger.	P. 08
HR 24	DAY 2	The tap runs dry: well pump dead or city mains broken. A half-full freezer is done.	P. 09
HR 48	DAY 3	Roads still blocked. Rescue crews are stuck too. A full freezer is done.	P. 10
HR 72	DAY 4	Stay or go. Food, medication and patience are running out.	P. 11

72 ≠ SAFE

Three days is the minimum, not a promise. After Hurricane Helene, parts of Asheville went weeks without running water.

HR 0

HR 1

HR 2

HR 3

HR 4

HR 6

HR 8

HR 12

HR 24

HR 48

HR 72

00

HOUR 0 · 3:15 P.M. · THE FAMILY MEETING

WHERE IS EVERYBODY?

Your plan has to work on a Tuesday afternoon, not just when everyone is home on the couch. Sit down with everyone in the house and fill this page in together.

YOUR THREE MOST LIKELY EMERGENCIES

LIKELIHOOD

WHAT COULD HAPPEN HERE

OUR FIRST SAFE MOVE

Likely

Possible

Rare, high impact

AT 3:15 ON A WEEKDAY, WHERE IS EVERYONE?

PERSON

WHERE THEY ARE

SAFE PLACE THERE

STAY OR TRAVEL?



First rule: not everyone needs rescuing. A person in a safe school or office is often safer staying put than driving into flooding, downed trees or gridlock.

Meeting date / who was there:

Alerts we will act on:



01

NOBODY CAN REACH ANYBODY

HR 1 · 4:15 P.M.

You've called the school four times. Busy. You text your spouse, "Who's getting the kids?" It sits on Sending... Your daughter's teacher can only release her to an adult on the pickup list. You're not sure your neighbor is on it.

• IT HAPPENED

WESTERN N.C. · HURRICANE HELENE · SEPT 2024

4 OUT OF 5 CELL TOWERS WENT DARK

The day after Helene, about 82% of the cell towers in Buncombe County (Asheville) were offline. More than a week later, service was still spotty, and some families still couldn't confirm whether their relatives had survived. At the peak, Helene knocked out more cell sites than any hurricane on record.

Sources: FCC outage data, reported by the Benton Institute (Oct 2024); Wireless Estimator (Sept 2024)

DO THIS NOW, WHILE THE LIGHTS ARE STILL ON

☐

Pick one out-of-state contact everyone texts.

IF YOU SKIP IT

Everyone calls everyone. Nobody gets through.

Out-of-state contact / phone:

Meeting point near home:

☐

Put a backup adult on every pickup list. This week.

IF YOU SKIP IT

Schools generally won't release your child to anyone who isn't listed.

Backup adult on the pickup list:

Two daily check-in times:

☐

Decide who gets the kids if you can't connect.

IF YOU SKIP IT

Two adults race to one school while the other child waits alone.



02

HOUR 2 · 5:15 P.M.

THE DRIVE THAT KILLS

Still no answer from the school. You grab the keys. Two miles from home, brown water is running across the road. It looks like six inches. The truck can make it. You've done it before.

• IT HAPPENED

UNITED STATES · EVERY YEAR SINCE 2011

61%

OF FLOOD DEATHS HAPPEN INSIDE A VEHICLE

An AP analysis found most U.S. flood victims since 2011 died in cars and trucks, often after driving around barricades or past warning signs. Just 12 inches of rushing water can carry away most cars, trucks and SUVs included.

Sources: Associated Press analysis of NWS data; National Weather Service, "Turn Around Don't Drown"

DO THIS NOW, WHILE THE ROADS ARE DRY



Write down who stays put. A safe school or office beats a dangerous road.

IF YOU SKIP IT

A person who was safe becomes a person who is stranded.



Map two routes home that avoid low crossings.

IF YOU SKIP IT

You find out where the road floods by driving into it.



Family rule: water over the road means turn around. No exceptions.

IF YOU SKIP IT

You can't see whether the road under the water is still there.

Who stays put until roads are confirmed:

Route home #1 / #2:



04

HOUR 4 · 7:15 P.M.

THE FOOD CLOCK

The fridge has been dark for four hours. Somebody opens it "just to check." Then again. Every time that door opens, the clock on your food speeds up.

KEEP THE DOORS SHUT. NEVER TASTE FOOD TO TEST IT.

4 HRS

A closed fridge keeps food cold about this long.

24 HRS

A half-full freezer, if the door stays shut.

48 HRS

A full freezer, if the door stays shut.

40°F

Perishables above 40°F for 2+ hours go in the trash.

Source: USDA / FDA food-safety guidance for power outages

Power failed at (time / date):

Fridge temp / time checked:

Freezer temp / time checked:

Eat first (only if verified safe):

NINE MEALS. PLAN THEM BEFORE YOU NEED THEM.

MEAL	DAY 1	DAY 2	DAY 3
Breakfast			
Lunch			
Dinner			

☐ **One full day of no-cook meals** that need no stove, fridge or extra water.

☐ **A manual can opener** where you can find it in the dark.

☐ **Allergies, infant formula, senior diets** and pet food are covered.

☐ **Never burn** plastic, trash or treated wood to cook or heat.



06

HOURS 6-8 · 9:15-11:15 P.M.

THE KILLER YOU CAN'T SMELL

The house is down to 55°F. The baby won't stop crying. Somebody says, "Just run the car in the garage for a while. Crack the door." Somebody else lights candles and gets the fireplace going.

• IT HAPPENED

TEXAS · WINTER STORM URI · FEB 2021

HOUSTON · FEB 16

A MOTHER AND HER 8-YEAR-OLD DIED

With the power out, the family ran a car in their attached garage for heat. Two more family members were hospitalized.

Houston Police, via KHOU / AP

SUGAR LAND · FEB 16

A GRANDMOTHER AND 3 KIDS DIED IN A FIRE

About eight hours into the outage. The family had been using the fireplace to keep warm.

KHOU-TV / KTRK-TV, via Firehouse

STATEWIDE · ONE WEEK

1,400+ ER VISITS FOR CO POISONING

During the weeklong blackout. At least 11 died. Reporters called it the worst CO disaster in recent U.S. history.

ProPublica / Texas Tribune, Apr 2021

DO THIS NOW, BEFORE ANYONE GETS COLD



Battery CO alarm on every floor. Test them tonight.

IF YOU SKIP IT

CO has no smell. The first symptom can be passing out.



Generators, grills, camp stoves and cars: outdoors only. Never the garage, even with the door open.

IF YOU SKIP IT

"Just for a while" is how the Houston story started.



Battery lanterns for every room. No candles left burning.

IF YOU SKIP IT

Hour 8 becomes house-fire hour.

CO alarms installed (which floors):

Where our generator runs, outside:

HR 0 HR 1 HR 2 HR 3 HR 4 HR 6 HR 8 **HR 12** HR 24 HR 48 HR 72

12

HOUR 12 · 3:15 A.M.

THE COLDEST HOUR

The thermostat reads 41°F. Grandma says she's fine. The kids are buried under blankets and have gone quiet. The oxygen machine's backup battery is blinking.

• IT HAPPENED

TEXAS · WINTER STORM URI · FEB 2021

246

DEAD. MOST FROM THE COLD.

When the Texas grid failed, millions of homes lost heat for days. The state's final count tied 246 deaths to the storm, close to two-thirds of them hypothermia.

158

died of hypothermia

<1 to 102

the ages of the victims, in years

24+

died when oxygen or dialysis machines lost power

Source: Texas Dept. of State Health Services final report (Dec 2021), via Texas Tribune, KVUE and San Antonio Current

DO THIS NOW, BEFORE THE FIRST FREEZE



Pick one warm room: small, interior, few windows. Everyone sleeps there.

IF YOU SKIP IT

Spread across the house, everyone gets colder, faster.



A sleeping bag, hat and wool socks for every person, in one bin.

IF YOU SKIP IT

Kids and grandparents lose heat fastest and complain least.



Backup power or a place to go for oxygen, CPAP, dialysis or insulin.

IF YOU SKIP IT

The machine stops at 3 A.M. and nobody can drive.

Our warm room:

Medical device / backup plan:

HR 0

HR 1

HR 2

HR 3

HR 4

HR 6

HR 8

HR 12

HR 24

HR 48

HR 72

24

HOUR 24 · DAY 2 · 3:15 P.M.

THE TAP
RUNS DRY

The well pump needs power. Or the city main broke. You have half a case of bottled water, four people, a dog, and a toilet you can't flush. The half-full freezer just gave up too.

• IT HAPPENED

ASHEVILLE, N.C. · HURRICANE HELENE · FALL 2024

NO RUNNING WATER. FOR WEEKS.

Floodwater tore out the pipes from the main reservoir of a system serving about 160,000 households. Officials warned repairs could take weeks. Residents lined up at tanker trucks with buckets and milk jugs, and some flushed toilets with water from swimming pools.

Sources: Associated Press (Oct 4, 2024); Boston Globe (Oct 16, 2024)

DO THE MATH

1 GAL * $\frac{\text{---}}{\text{---}}$ PEOPLE
* 3 DAYS = $\frac{\text{---}}{\text{---}}$ GAL



Color one jug for every gallon you have stored. Add more for pets, babies, heat and medical needs.

DO THIS NOW, WHILE THE TAP STILL WORKS



Store 1 gallon per person per day. Three days minimum.

IF YOU SKIP IT

You're in the tanker-truck line on Day 2 with milk jugs.



Toilet plan: a bucket, heavy bags, and kitty litter.

IF YOU SKIP IT

No flushing, no handwashing, and sickness spreads.



Know boil-water vs. do-not-use. Follow the notice exactly.

IF YOU SKIP IT

Boiling kills germs. It does not remove chemicals.

HR 0

HR 1

HR 2

HR 3

HR 4

HR 6

HR 8

HR 12

HR 24

HR 48

HR 72

48

HOUR 48 · DAY 3

NOBODY IS COMING

The plows can't get through. 911 answers, but the trucks can't move. The full freezer is done. The widow across the street hasn't opened her blinds since yesterday.

• IT HAPPENED

BUFFALO, N.Y. · CHRISTMAS BLIZZARD · DEC 2022

EVEN THE FIRE TRUCKS GOT STUCK

The blizzard killed at least 34 people in western New York. Victims were found in cars, in homes and in snowbanks, and some drivers were stranded for days. New York's governor said almost every fire truck in the city became stranded.

34+

dead in western N.Y.

49.2"

of snow at the airport

DAYS

some drivers spent trapped in their cars

Sources: Associated Press (Dec 27, 2022); National Weather Service; Buffalo News via National Review

DO THIS NOW: PLAN TO BE YOUR OWN RESCUE



Plan to be on your own for 72 hours: food, water, meds, heat.

IF YOU SKIP IT

You wait for a rescue that can't reach your street.



Make a neighbor list: who's elderly, alone, or on medication.

IF YOU SKIP IT

The person who needed a knock on the door doesn't get one.



Keep snow off furnace, dryer and generator vents.

IF YOU SKIP IT

In Buffalo, a snow-blocked furnace vent killed at least one person.

Neighbors we check on:

Days of food / water / meds on hand:



72

HOUR 72 · DAY 4 · OR ANY MINUTE

STAY OR GO

The order comes, or the smoke does, or the water rises. You have minutes, not hours. Everyone on your street is reaching for the same road out.

• IT HAPPENED

LAHAINA, MAUI · AUG 8, 2023

THE ROAD OUT BECAME THE TRAP

More than 100 people died. Nearly 80% of the deaths were in central Lahaina, where the fire spread so fast there was little time to leave. Traffic jammed on Front Street with flames closing in, and some people died in their cars. Some families survived by finding another way out.

Sources: Associated Press (Aug 2023); Maui Fire Department report via AP / PBS NewsHour (Sept 2024)

DO THIS NOW, WHILE THERE'S TIME TO THINK

☐

Two ways out of your neighborhood, on paper. Drive both this month.

IF YOU SKIP IT

You follow the traffic straight into the jam.

☐

Write your LEAVE triggers now: the order, the smoke, the water line.

IF YOU SKIP IT

You argue about it in the driveway and leave an hour late.

☐

Go-bag by the door: meds, papers, water, chargers, pet leash.

IF YOU SKIP IT

The insulin stays on the counter.

Way out #1 / Way out #2:

First destination / address and phone:

Meeting point outside the neighborhood:

We STAY and monitor when:

THE TEAM

WHO DOES WHAT. WHO TAKES OVER.

Panic makes people freeze or all grab the same job. Assign every job before stress takes over, and give every job a backup.

JOB	LEAD	BACKUP
Decides / watches alerts		
Kids / school pickup		
Pets / carriers / food		
Bags, papers, medication		
Vehicle / routes / fuel		
Headcount / final check		

If the main decision-maker is hurt or unreachable, then:

THE KID CHECK

- ☐ **Older kids know** the trusted adults, the meeting point, and what to do if separated.
- ☐ **They can call 911**, give their address, and get help if a caregiver is hurt.
- ☐ **Kids practice** stopping, listening, and following one short safety instruction.
- ☐ **Little ones have** a comfort item and quiet, no-screen activities packed.

Comfort kit: item / activities / who carries it:

Trusted backup adult the kids can call:

SPEND SMART

THE MUST-HAVE LIST

Count what you already have before you buy anything. Water and medication come before any upgrade. No new radio until the water math is done.

MUST HAVE	HAVE	NEED	COST	OWNER
Drinking water				
No-cook food				
Medications / first aid				
Flashlights / batteries				
Warm layers / rain gear				
CO alarms				
Radio / printed contacts				
Hygiene / toilet / pet				

NICE TO HAVE, AFTER THE MUST-HAVES

ITEM	HOW MANY	EST. COST

MUST-HAVE TOTAL	NICE-TO-HAVE TOTAL	BUDGET WE HAVE
\$ _____	\$ _____	\$ _____

First purchase / who / by when:

Second purchase / who / by when:

EXTRA CREDIT

KNOW YOUR TOWN

The best emergency resources are often places and people you checked out before you needed them.

- ☐ **A working landline or payphone.** Many modern lines need power. Test it before you count on it.
- ☐ **Official info sources** and local amateur-radio volunteers. Know where bulletins get posted.
- ☐ **Local grocers, farm stores, producers.** Don't assume they're open or stocked.
- ☐ **Neighbors, churches, pantries.** Build the relationship now. Never assume help or trade.

RESOURCE	PLACE / PHONE
Landline / payphone	
Radio / official info	
Grocer / farm / producer	
Trusted local support	

20 MIN RUN THE DRILL THIS WEEKEND

- ☐ **Lights off.** Everyone finds a flashlight, shoes, printed contacts and the go-bag.
- ☐ **Each person names** their job and their backup.
- ☐ **One kid makes** a pretend 911 call with your address.
- ☐ **Test the radio** and backup charging.
- ☐ **Headcount** at the meeting point. Time it.

The point isn't to scare anyone. It's to find the broken parts of the plan while you still have time to fix them.

Last drill date / what broke:

Three fixes / who owns them:

THE VERDICT

WOULD YOUR FAMILY MAKE IT 72 HOURS?

Circle one per row. Your first **MISSING** is the hour your family gets into trouble. Fix that one this week.

HR 0	The family meeting Three likely emergencies named. Everyone mapped at 3:15.	READY	IN PROGRESS	MISSING
HR 1	Contacts & pickup Out-of-state contact chosen. Backup adult on every pickup list.	READY	IN PROGRESS	MISSING
HR 2	Roads & routes Who stays put is decided. Two routes home that avoid flooding.	READY	IN PROGRESS	MISSING
HR 6	Heat & carbon monoxide Battery CO alarms on every floor. Generator spot outside.	READY	IN PROGRESS	MISSING
HR 12	Warm room & meds One warm room picked. Backup plan for every medical device.	READY	IN PROGRESS	MISSING
HR 24	Water & sanitation 1 gal per person per day, 3 days. Toilet plan ready.	READY	IN PROGRESS	MISSING
HR 48	On our own 72 hours of food, water and meds. Neighbor list made.	READY	IN PROGRESS	MISSING
HR 72	Leave plan Two ways out. Leave triggers written. Go-bag by the door.	READY	IN PROGRESS	MISSING
DRILL	Practiced it Ran the 20-minute drill in the last 6 months.	READY	IN PROGRESS	MISSING

☐ **Review the plan twice a year**, and any time you add a baby, a pet, a medical condition, a new school, job or commute, or move.

LIMITED PRINT RUN · [QTY] COPIES · SHIPS BY [DATE]

GET THE FAMILY READINESS BINDER

Spiral-bound, wipe-clean pages, a fridge card and wallet cards for every family member. When this run is gone, it's gone.

[YOUR PRICE]

[SURVIVALIFE.COM/\[LINK\]](https://survival.life.com/[LINK])

FOR THE FRIDGE

OUR FAMILY'S 72-HOUR CARD

HOME ADDRESS / NEAREST CROSS STREET

OUT-OF-STATE CONTACT / PHONE

NEARBY BACKUP ADULT / PHONE

MEETING POINT NEAR HOME

MEETING POINT OUTSIDE THE NEIGHBORHOOD

OFFICIAL ALERTS / RADIO STATION

WHO DECIDES / WHO TAKES OVER

OUR LEAVE TRIGGERS

■ Water over the road: turn around.

■ Generator, grill, car: outside only.

■ Missed check-in: don't drive into danger.

■ Fridge 4 hrs • freezer 24–48 hrs • 40°F rule.

Right now we need to fix (what / who / by when):

WALLET CARDS • ONE PER PERSON

SURVIVAL / LIFE

EMERGENCY CONTACT CARD

Name:

Out-of-state contact:

Meeting point:

Backup adult:

Meds / allergies:

SURVIVAL / LIFE

EMERGENCY CONTACT CARD

Name:

Out-of-state contact:

Meeting point:

Backup adult:

Meds / allergies:

Keep private information secure. Update this card whenever a phone number, school, job or routine changes.

WORKSHEET 01 / THE FAMILY MAP

WHERE IS EVERYBODY?

Use the same answers as the questions on page 3. Write large; keep this with your plan.

YOUR THREE EMERGENCIES		FROM P. 03
LIKELIHOOD	WHAT COULD HAPPEN HERE	OUR FIRST SAFE MOVE
Likely		
Possible		
Rare, high impact		

AT 3:15 ON A WEEKDAY, WHERE IS EVERYONE?				FROM P. 03
PERSON	WHERE THEY ARE	SAFE PLACE THERE	STAY OR TRAVEL?	

Meeting date / who was there	Alerts we will act on

☐ Not everyone needs rescuing. A safe school or office may be safer than a risky drive.

WORKSHEET 02 / CONTACTS + ROADS

REACH THEM. THEN MOVE.

Decide who calls, who waits, and when you leave - before the phones or roads fail.

COMMUNICATION + SCHOOL PICKUP

FROM P. 04

Out-of-state contact / phone

Backup adult on school pickup list

Meeting point near home

Two daily check-in times

Who gets the children if nobody can connect?

☐ Choose one out-of-state contact for everyone.

☐ Put a backup adult on each school pickup list.

☐ Decide who gets the children when phones fail.

STAY PUT OR TAKE THE ROAD?

FROM P. 05

Who stays put until roads are confirmed safe?

Route home #1

Route home #2

☐ Avoid flooded roads; never drive through water.

☐ Map alternate routes before a storm.

YOUR STAY / GO DECISION

FROM P. 11

Way out of neighborhood #1

Way out of neighborhood #2

Meeting point outside neighborhood

First destination / address and phone

We STAY and monitor when...

Our LEAVE triggers (orders, smoke, water...)

WORKSHEET 03 / FOOD + WATER

PLAN THE BASICS.

Keep food safe, plan nine meals, and count water before you spend on extra equipment.

THE FOOD CLOCK

FROM P. 06

Power failed (date / time)

Fridge temperature / time checked

Freezer temperature / time checked

Eat first (ONLY if verified safe)

NINE MEALS ACROSS THREE DAYS

FROM P. 06

MEAL	DAY 1	DAY 2	DAY 3
Breakfast			
Lunch			
Dinner			

☐ One full day of no-cook meals ready.☐ Manual can opener is easy to find.☐ Allergies, infant, senior and pet needs covered.☐ Never burn plastic, trash or treated wood.**WATER + SANITATION**

FROM P. 09

People in household: _____ x 3 days

Minimum water: _____ gallons (1 gal/person/day)

Gallons already stored

Extra water for pets / infants / medical needs

☐ Store the minimum three-day water supply.☐ Have a no-flush toilet / hygiene plan.☐ Follow boil-water vs. do-not-use notices.

WORKSHEET 04 / SAFETY + FAMILY ROLES

WHO TAKES OVER?

Give every essential job a lead and a backup; practice with children beforehand.

HEAT, CARBON MONOXIDE + MEDICAL NEEDS

FROM P. 07-08

CO alarms installed - which floors?

Our generator location (outside)

Our warm room

Medical device / medication backup plan

- ☐ Battery CO alarms tested on every floor.
- ☐ Battery lanterns available.
- ☐ Backup plan for power-dependent medical needs.

- ☐ Generators, grills, camp stoves and cars outdoors only.
- ☐ Warm bedding, hats and socks together.

THE TEAM - ASSIGN A LEAD AND A BACKUP

FROM P. 12

JOB	LEAD	BACKUP
Decides / watches alerts		
Kids / school pickup		
Pets / carriers / food		
Bags, papers, medication		
Vehicle / routes / fuel		
Headcount / final check		

If the main decision-maker is hurt or unreachable, then:

THE KID CHECK

FROM P. 12

- ☐ Older kids know trusted adults and meeting point.
- ☐ Kids practice stopping and listening.
- ☐ Kids can call 911 and give their address.
- ☐ Little ones have a comfort item / quiet activities.

Comfort kit / activities / who carries it

Trusted backup adult kids can call

WORKSHEET 05 / SHOPPING LIST

COUNT BEFORE YOU BUY.

Inventory what you own, identify the gap, and assign a real cost and owner.

MUST HAVE - INVENTORY AND SHOPPING

FROM P. 13

MUST HAVE	HAVE	NEED	COST	OWNER
Drinking water	_____	_____	_____	_____
No-cook food	_____	_____	_____	_____
Medications / first aid	_____	_____	_____	_____
Flashlights / batteries	_____	_____	_____	_____
Warm layers / rain gear	_____	_____	_____	_____
CO alarms	_____	_____	_____	_____
Radio / printed contacts	_____	_____	_____	_____
Hygiene / toilet / pet	_____	_____	_____	_____

NICE TO HAVE - AFTER THE MUST-HAVES

FROM P. 13

ITEM	HOW MANY	ESTIMATED COST
_____	_____	_____
_____	_____	_____
_____	_____	_____

SET THE BUDGET + NEXT PURCHASES

FROM P. 13

Must-have total: \$_____ Nice-to-have total: \$_____ Budget we have: \$_____

First purchase / who / by when

Second purchase / who / by when

WORKSHEET 06 / YOUR TOWN + DRILL

KNOW YOUR BACKUPS.

Write down local resources while they are easy to verify. Run the drill before you need it.

NEIGHBORS + 72-HOUR STOCK CHECK

FROM P. 10

Neighbors we check on

Days of food / water / meds on hand

- ☐ Plan for 72 hours without outside rescue.
- ☐ Clear snow from furnace / dryer / generator vents.

- ☐ Check on neighbors who may need help.

LOCAL PEOPLE AND PLACES

FROM P. 14

RESOURCE

PLACE / PHONE

Landline / payphone

Radio / official info

Grocer / farm / producer

Trusted local support

- ☐ Verify a working public phone / landline.
- ☐ Know local grocers / producers.
- ☐ Identify official information / radio sources.
- ☐ Build mutual-support relationships early.

RUN THE 20-MINUTE FAMILY DRILL

FROM P. 14

- ☐ Lights off: find flashlights, shoes, paper contacts and go-bag.
- ☐ A child practices a pretend 911 call with address.
- ☐ Headcount at meeting point; time it.
- ☐ Each person names their job and backup.
- ☐ Test radio and backup charging.

Last drill date / what broke

Three fixes / who owns them

WORKSHEET 07 / FINAL SCORECARD

WHERE ARE THE GAPS?

Mark each category, then write down the three fixes you will actually finish.

WOULD YOUR FAMILY MAKE IT 72 HOURS?

FROM P. 15

HR 0	The family meeting Emergencies + weekday locations mapped	☐ READY	☐ IN PROGRESS	☐ MISSING
HR 1	Contacts + pickup Backup adults and out-of-state contact	☐ READY	☐ IN PROGRESS	☐ MISSING
HR 2	Roads + routes Who stays; two safer routes	☐ READY	☐ IN PROGRESS	☐ MISSING
HR 6	Heat + carbon monoxide CO alarms; generator location	☐ READY	☐ IN PROGRESS	☐ MISSING
HR 12	Warm room + meds Warm room and medical backup	☐ READY	☐ IN PROGRESS	☐ MISSING
HR 24	Water + sanitation Water minimum and toilet plan	☐ READY	☐ IN PROGRESS	☐ MISSING
HR 48	On our own Three days of supplies and neighbor list	☐ READY	☐ IN PROGRESS	☐ MISSING
HR 72	Leave plan Two exits, triggers and go-bag	☐ READY	☐ IN PROGRESS	☐ MISSING
DRILL	Practiced it 20-minute drill within last six months	☐ READY	☐ IN PROGRESS	☐ MISSING

OUR FIRST THREE FIXES - WRITE AN OWNER AND DEADLINE

WHAT WE NEED TO FIX

WHO OWNS IT

BY WHEN

☐ Review twice a year, and after changes to home, school, work, pets or health.